

REDEFINING HAPPINESS

Part 5 - The Meek are Happy - February 7, 2010

Matt. 5:1-12 ... When Jesus saw the crowds, he went up the mountain; and after he sat down, his disciples came to him. v.2 Then he began to speak, and taught them, saying: v.3 "Blessed are the poor in spirit, for theirs is the kingdom of heaven. v.4 "Blessed are those who mourn, for they will be comforted. **v.5 "Blessed are the meek, for they will inherit the earth.**

I. What is meekness ?

A: Controlled *strength* .

II. How is meekness produced ?

A: When we are Spirit *controlled* .

Gal. 5:22-23 ... But the fruit of the Spirit is love, joy, peace, longsuffering, kindness, goodness, faithfulness, v.23 gentleness, self-control. Against such there is no law.

Matt. 11:28-30 ... Come to Me, all you who labor and are heavy laden, and I will give you rest. v. 29 Take My yoke upon you and learn from Me, for I am gentle and lowly in heart, and you will find rest for your souls. v.30 For My yoke is easy and My burden is light."

1 Pet. 3:3-4 ... Do not let your adornment be merely outward—arranging the hair, wearing gold, or putting on fine apparel — v.4 rather let it be the hidden person of the heart, with the incorruptible beauty of a gentle and quiet spirit, which is very precious in the sight of God.

James 1:21 ... Therefore lay aside all filthiness and overflow of wickedness, and receive with meekness the implanted word, which is able to save your souls.

III . What does meekness produce ?

A: Control over our *flesh* .

Ps. 37:7-11 ... Rest in the LORD, and wait patiently for Him; Do not fret because of him who prospers in his way, Because of the man who brings wicked schemes to pass. v.8 Cease from anger, and forsake wrath; Do not fret—it only causes harm. v.9 For evildoers shall be cut off; But those who wait on the LORD, They shall inherit the earth. v.10 For yet a little while and the wicked shall be no more; Indeed, you will look carefully for his place, But it shall be no more. v.11 But the meek shall inherit the earth, And shall delight themselves in the abundance of peace.

2 Cor. 10:1 ... Now I, Paul, myself am pleading with you by the meekness and gentleness of Christ —who in presence am lowly among you, but being absent am bold toward you.

Matt. 21:5 ... "Tell the daughter of Zion, 'Behold, your King is coming to you, Lowly, and sitting on a donkey, A colt, the foal of a donkey.' "

Is. 53:7 (MSG) ... He was beaten, he was tortured, but he didn't say a word. Like a lamb taken to be slaughtered and like a sheep being sheared, he took it all in silence ..